

Literacy

Primary 1:

In Primary 1, we'll be developing our early phonological awareness skills through rhyming, syllables and listening for sounds in words. We'll also be doing lots of 'Funky Fingers' activities to strengthen our hands and get us ready for writing.



Primary 2:

In Primary 2, we'll be revising the sounds learned in P1 and using them to read and write words. We'll practice writing sentences with capital letters, full stops and finger spaces, as well as forming our letters correctly. We'll also develop our listening skills by following instructions and listening carefully to others

Health and Wellbeing

Zones of Regulation:

We will be learning about the different emotions we feel when we are in the red, yellow, green and blue zones. We will also explore strategies that can help us navigate our big feelings.



In P1/2 we are working on being independent and ready for school.

Please help us by...

- Naming all our belongings.
- Sending a water bottle and snack every day (no sweets or nuts).
- Providing us with appropriate clothing for outdoor play and PE.
- Practicing organising our own belongings and tidying up.
- Promoting independence when getting changed in and out of our PE kits.
- Not sending toys into school.



Numeracy and Maths

We'll be developing our number sense through lots of practical and active learning. We'll explore numbers in different ways, building our confidence with counting, recognising numbers, number sequences and understanding how numbers work together.

We will be learning to:

- count backwards and forwards
- recognise, read, write and order numerals
- estimate where numbers are on a number line
- add and subtract numbers
- recognise that the symbol = means equal to



IDL: Around the World in Nine Classes

We'll be learning about Brazil and asking...

- What is it like to fly on an aeroplane?
- Where is Brazil and what is it like?
- What is the Amazon rainforest like?
- What animals live in the rainforest?
- How do people live in Brazil?
- What is a Brazilian Carnival like?



How you can help at home

Developing fine motor skills

- Practice using scissors to cut and snip.
- Play with Play-Doh – roll, squeeze, pinch and shape.
- Use tweezers or pegs to pick up small objects.
- Practice buttons, zips and fastening clothes.
- Encourage drawing, colouring and simple pencil activities.

Zones of Regulation

Blue: tired, sad, unwell or low energy

Green: calm, happy, focused and ready to learn

Yellow: worried, excited, frustrated or wiggly

Red: angry, overwhelmed or feeling out of control

Counting

- Count everyday objects – toys, socks, steps or snacks.
- Practice counting forwards and backwards.
- Play simple dice and board games.
- Spot and read numbers in the environment – doors, buses, signs and shops.
- Practice counting on from a number – “Start at 6... 7, 8, 9...”.

Literacy

- Read together regularly and talk about the story.
- Practice letter sounds and spotting them in everyday life.
- Encourage drawing and writing for fun – lists, cards, notes or stories.
- Play rhyming and listening games.
- Talk together – encourage your child to listen, answer questions and share ideas.
- Practice writing their name and forming letters correctly.