

## Literacy

In reading we will be learning to:

- Recognise an increasing number of common words.
- Use our knowledge of phonics to sound out unfamiliar words
- Identify what has happened in the story.
- Read with increasing fluency.
- Show understanding by completing a follow-up task.

In writing we will be learning to:

- Consistently use capital letters, finger spaces and full stops in our sentences.
- Use question marks and exclamation marks.
- Form all letters correctly.
- Develop our fine motor skills which will help us write neatly.
- Use a word bank to spell key vocabulary in our writing.
- Read over our writing to check that it makes sense.
- Create information reports using subheadings to structure our writing.

In listening and talking we will be learning to:

- Be a respectful listener by looking at the person who is talking.
- Ask open questions to find out more information.
- Take part in group and class discussions.
- Share ideas when appropriate.

## Health and Wellbeing:

PE - Gymnastics floor work and low apparatus, Fundamental Movement Skills and Scottish Country Dancing.

This term we will continue to discuss the Zones of Regulation. We will think about the different emotions we may feel and explore the tools we can use to help us regulate these feelings. We will then use our knowledge of these zones to identify how we can be a good friend, use kind words and ensure that everyone feels respected and included.

## P2 Curriculum Overview

October – December 2023

### Important Information

Please support your child to be ready for school by:

- Sending their reading folder and reading record to school **every day**.
- Naming all clothing sent to school.
- Provide a filled water bottle and a healthy snack. This could be fruit, crisps or biscuits but **not** sweets.
- Providing appropriate outdoor clothing, particularly in the winter months.
- Promoting and practising independence with organising belongings and getting dressed.
- Please discourage your child from bringing toys to school.

### IDL:

At the start of the term we will be learning about weather and climate. We will begin by discussing the difference between these two things before thinking about various climate zones around the world.

We will then move on to explore inheritance. We will look at how characteristics are passed from one generation to the next to deepen our understanding of the variations that might exist within family groups.

Just before Christmas we will learn about different winter festivals. P2 will perform the Nativity in our Church service on Tuesday 12<sup>th</sup> December.

## Numeracy and Maths

### Addition and Subtraction

We will be learning to:

- Use given strategies to add or subtract 2-digit numbers (within 30 for most, within 100 for some).
- Add 10 to any whole number up to 100.
- Use the correct vocabulary when adding and subtracting.

### Multiplication

We will be learning to:

- Count forwards and backwards in steps of 2, 5 and 10.
- Use strategies such as repeated addition or arrays to solve multiplication problems.
- Use the correct vocabulary when multiplying.

### Shape, pattern and symmetry

We will be learning to:

- Identify and name 2D shapes and 3D objects.
- Use language to describe the properties of 2D shapes and 3D objects, such as side, face, edge and vertex.
- Identify the features of a tiling pattern and create our own tiling pattern.
- Identify and create symmetrical pictures.

### Directions and Angle

We will be learning to:

- Use vocabulary to describe and follow directions, such as full turn, half turn, left, right, forward, backwards, clockwise and anti-clockwise.
- Use compass points, North, South, East and West.
- Know what a right angle looks like.
- Compare and describe other angles in relation to a right angle.

## How you can help at home





### Zones of Regulation

We will be learning about the Zones of Regulation. This is a framework to help children to understand and regulate their emotions, as well as be supportive of peers who are finding this tricky at the moment. The four Zones are:

- The Blue Zone – low energy state with emotions like sad, sick, tired or bored
- The Green Zone – a state of focus and calm, with emotions like happy, content, proud or relaxed
- The Yellow Zone – higher energy with some loss of control like feeling silly, excited, worried or embarrassed
- The Red Zone – very high state of energy with no control like being furious, panicked, terrified or elated.

Children learn that they will naturally find themselves within all four Zones at different times and that there is no “bad” Zone. They will learn that there are ways to regulate the Zone they are in to better achieve happiness and success in school. Please use talk to your children about this at home.

# The ZONES of Regulation

			
<b>Blue Zone</b> Sad Bored Tired Sick	<b>Green Zone</b> Happy Focused Calm Proud	<b>Yellow Zone</b> Worried Frustrated Silly Excited	<b>Red Zone</b> overjoyed/Elated Panicked Angry Terrified