



### Literacy

#### We will be learning to:

- listen to and follow simple instructions
- develop an awareness of when to talk and when to listen
- develop our fine motor skills in preparation for writing
- understand what a word is and how to detect syllables (*hol-i-day*)
- recognise and identify familiar sounds in words
- identify rhyming words in stories and begin to produce our own
- understand features of books (*front covers, reading left to right and top to bottom*)
- listen to and discuss stories (*focusing on events, characters and settings*)

#### At home:

- encourage your child to listen for familiar sounds when reading eg. can you hear a word that starts with the same sound as your name?
- ask your child to tell you about a character or setting in a book you have read
- encourage your child to look for familiar words in a text
- play a game and ask your child to provide rhyming words for one you suggest (*cat: bat, hat, mat, pat*)

### Numeracy and Mathematics

#### We will be learning to:

- count backwards and forwards from given numbers
- recognise numbers in different forms e.g. dot patterns and dice patterns
- count collections of objects accurately
- show amounts on our fingers
- copy and count rhythmic number patterns by clamping, stamping or clicking
- begin to recognise written numbers
- describe and compare objects using measurement language e.g. longer / shorter/ taller/smaller

#### At home:

- encourage your child to actively look for numbers (*in a newspaper/book, car number plates, on signs or in shops*)
- encourage your child to count objects regularly (*stairs, steps taken when walking, birds flying by or lorries passing whilst driving*)
- create clapping or stamping sequences for your child to recreate (*this will allow them to copy and count number patterns*)
- provide opportunities to weigh and measure and use appropriate vocabulary

### Health and Wellbeing

In P.E. we will be focusing on our fundamental movement skills: walking, running, jumping and dodging. We will also be participating in 'PE Adventures' to develop our physical literacy and movement skills.

We will be learning about the Zones of Regulation. This is a framework to help children understand and regulate their emotions, as well as be supportive of peers who are finding this tricky. The four Zones are:

\*The **Blue Zone** - low energy state with emotions like sad, sick, tired or bored

\*The **Green Zone** - a state of focus and calm, with emotions like happy, content, proud or relaxed

\*The **Yellow Zone** - higher energy state with some loss of control like feeling silly, excited, worried or embarrassed

\*The **Red Zone** - very high state of energy with no control like being angry, terrified or elated.

Children learn that they will naturally find themselves within all four Zones at different times and that there is no "bad" Zone. They will understand that there are ways to regulate the Zone they are in to better achieve happiness and success in school.

### Forces

Through play, we will be exploring the effects of forces on toys. We will sort toys and objects according to whether they need to be pushed or pulled. Using a range of surfaces, we will explore how a force can make an object move or stay still. We will measure how the movement of an object is affected by the size of the force.

## How you can help at home

### FINE MOTOR SKILLS

Fine motor skills allow children to make movements using the small muscles in their hands and wrists. They rely on these to do key tasks in school, at work and in everyday life. To prepare the pupils for writing, we will be focusing on, and developing these over the course of the year. Below are some examples of fine motor activities your child could attempt at home. Please encourage them to try as many as they can!

#### Fine Motor Skills

Chop up straws into small parts. Thread onto string or ribbon to make a necklace or bracelet.



#### Fine Motor Skills

How many beads or buttons can you thread on a lace or string?

Can you make a pattern using different colours?



#### Fine Motor Skills

Use pegs to hang out washing on a washing line. How many pieces can you hang out using two pegs?



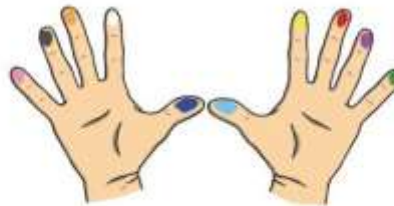
#### Fine Motor Skills

How quickly can you do up buttons or zips on a jacket or coat?



#### Fine Motor Skills

Use finger paints to make a fingerprint picture, painting or collage!



#### Fine Motor Skills

Use a mini hole punch – how many holes can you make in a piece of paper, card, tissue paper or even leaves?

