



Literacy

We will be:

- forming our letters correctly on the line and using finger spaces
- blending sounds together to make words which we will then read and write (look out for a video on Showbie explaining the blending process we use in school)
- learning to read and write common words
- using a capital letter and a full stop to punctuate our sentences accurately
- asking and answering questions about a text
- discussing characters and settings and sharing our ideas about them
- predicting what will happen next in stories
- learning to take turns when taking part in group discussions
- using punctuation and grammar to help us read with expression

At home:

- support your child with their weekly homework, encouraging them to blend the sounds together to read the words
- read often and encourage your child to find words or sounds that they know in the text
- when writing, ensure your child is forming their letters correctly (see page 2)
- encourage your child to write e.g. a shopping list, a birthday card, a message to someone
- look for common words in the environment and in books
- encourage your child to point to each word as they read

Numeracy and Mathematics

We will be learning to:

- recognise and identify numbers up to 100
- count back from 30
- order numbers forwards and backwards within a given range
- identify the number before, the number after and missing numbers in a sequence
- understand the importance of 0 and its meaning in a number
- count on and back to add and subtract numbers
- solve simple word and missing number problems
- estimate a quantity or an answer to a simple calculation
- gather and sort data for a given purpose
- ask and answer questions about information gathered
- measure and record lengths, weights, mass and capacity using non-standard units
- compare measures with estimates using non-standard units
- show half of an amount using concrete materials
- demonstrate where half is on a number line

At home:

- encourage your child to say what number comes before/after a given number up to 100
- encourage your child to estimate then count a group of objects
- involve your child in experiences where they can measure and weigh, e.g. baking.
- encourage your child to share items equally into smaller groups.

Health and Wellbeing

We will be learning about the Zones of Regulation. This is a framework to help children understand and regulate their emotions, as well as be supportive of peers who are finding this tricky. The four Zones are:

- *The **Blue Zone** - low energy state with emotions like sad, sick, tired or bored
- *The **Green Zone** - a state of focus and calm, with emotions like happy, content, proud or relaxed
- *The **Yellow Zone** - higher energy state with some loss of control like feeling silly, excited, worried or embarrassed
- *The **Red Zone** - very high state of energy with no control like being angry, terrified or elated.

Children learn that they will naturally find themselves within all four Zones at different times and that there is no "bad" Zone. They will understand that there are ways to regulate the Zone they are in to better achieve happiness and success in school. In P.E. we will be working on our fitness including developing our agility and reaction times.

We will be learning the names of parts of our body and how our body belongs to us. We will also learn about people who help and look after us.

IDL

We will start the term exploring Scottish culture through stories and poetry to help us develop an understanding of our own, rich heritage. Following this, we will learn the importance of community while learning about Vikings. As well as being fierce raiders Vikings were explorers, traders, farmers, and craftspeople. We will use a variety of resources to find out about their houses, home life and jobs. We will compare daily life in Viking times with our lives today. In Science we will be learning about the movements of the sun and the moon and how they relate to the length of a day, a month and a year. We will then explore 'Sound'. Through a range of hands-on experiments and activities we will find different ways of producing sound from vibrations, and will learn how to change the pitch of a sound.

To help us remember where our letters should sit on the line, we talk about the letters which dig under the ground, the letters which sit in the grass and the letters which reach for the sky. I've also included a reminder of the correct way to form letters.

Ground, Grass and Sky Handwriting Guide



Curly Caterpillar Letters

c c a a o o
q q g g d d
e e s s f f

Ladder Letters

l l i i
t t u u
j j y y

One Armed Robot Letters

r r b b n n
h h m m
k k p p

Zigzag Monster Letters

v v w w
x x z z

