



Literacy

We will be learning to:

- answer questions about stories we have heard, sharing our likes and our dislikes
- form letters correctly (see page 2)
- recognise and identify sounds we have learned in words
- blend sounds together to make / read words
- identify and write some common words
- explore sounds, letters and words to help us as we read and write
- use our understanding of what we have read to complete short comprehension tasks
- write to share ideas, messages and information during play
- make our written work presentable by writing our letters on the line and by using finger spaces, capital letters and full stops

At home:

- Encourage your child to practice reading and writing their common words.
- Encourage your child to look for familiar sounds and common words in a text.
- Ask your child to form the letters they are learning correctly e.g. in shaving foam / rice / paint.
- Create words using the sounds included in homework jotters. Ask your child to blend these together to read the words you have made (look out for a video on Showbie explaining the blending process we use in school).

Numeracy and Mathematics

We will be learning to:

- identify and sequence numbers within a given range
- identify and use finger patterns to demonstrate our understanding of numbers and doubles
- count items in two collections, hidden or seen
- partition and describe visual number patterns
- organise, make and describe equal groups
- recognise the number of objects in a group, without counting
- ask simple questions for a specific purpose e.g. favourite colour / snack
- contribute to and interpret pictorial displays e.g. graphs, charts
- compare and describe lengths, heights, mass and capacities using relevant vocabulary
- split a whole into smaller parts and use appropriate vocabulary to describe them

At home:

- Encourage your child to find, sort and organise objects by certain criteria e.g. colour, shape, size
- Complete surveys at home about favourite foods / favourite games / hair colour / eye colour.
- Play number ping pong with your child by saying alternate numbers backwards and forwards.
- Look for numbers in your environment and ask your child to use finger patterns / chopping movements to represent numerals.
- Involve your child in experiences where they can measure and weigh, e.g. baking.
- Encourage your child to share items equally into smaller groups.

Health and Wellbeing

We will be learning about the Zones of Regulation. This is a framework to help children understand and regulate their emotions, as well as be supportive of peers who are finding this tricky. The four Zones are:

*The **Blue Zone** - low energy state with emotions like sad, sick, tired or bored

*The **Green Zone** - a state of focus and calm, with emotions like happy, content, proud or relaxed

*The **Yellow Zone** - higher energy state with some loss of control like feeling silly, excited, worried or embarrassed

*The **Red Zone** - very high state of energy with no control like being angry, terrified or elated.

Children learn that they will naturally find themselves within all four Zones at different times and that there is no "bad" Zone. They will understand that there are ways to regulate the Zone they are in to better achieve happiness and success in school.

In P.E. we will be working on our fitness including developing our agility and reaction times.

We will be learning the names of parts of our body and how our body belongs to us. We will also learn about people who can help us in different situations.

IDL 'My History'

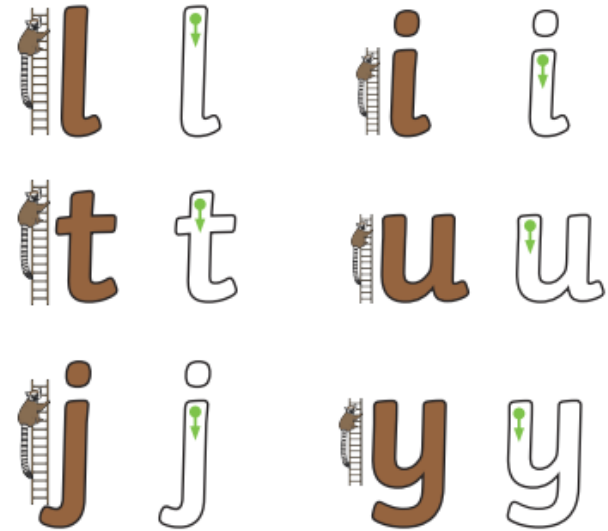
We will start the term exploring Scottish culture and poetry to help us develop an understanding of our own, rich heritage. We will then begin to consider our own history by discussing who we are, both as individuals and as a part of a household. We will learn that everybody and every family are unique. We will also develop a sense of the past by investigating our family trees, examining what children did in the 80s and 90s and comparing it to what we do now.

During Science Week we will explore different materials and think about their properties and uses.

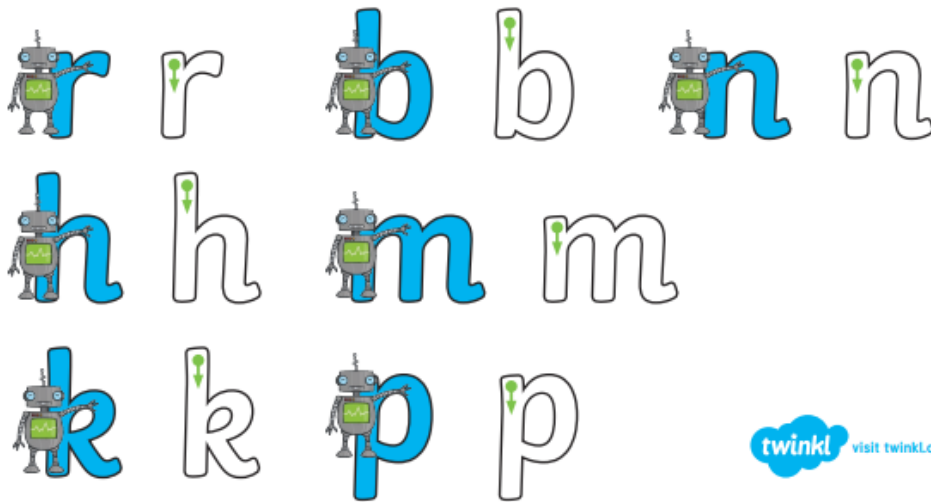
Curly Caterpillar Letters



Ladder Letters



One Armed Robot Letters



Zigzag Monster Letters

