

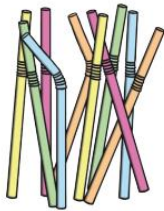
Primary 1 August - October 2021

FINE MOTOR SKILLS

Fine motor skills allow children to make movements using the small muscles in their hands and wrists. They rely on these to do key tasks in school, at work and in everyday life. To prepare the pupils for writing, we will be focusing on and developing these over the course of the year. Below are some examples of fine motor activities your child could attempt at home. Please encourage them to try as many as they can!

Fine Motor Skills

Chop up straws into small parts. Thread onto string or ribbon to make a necklace or bracelet.



Fine Motor Skills

How many beads or buttons can you thread on a lace or string?
Can you make a pattern using different colours?



Fine Motor Skills

Use pegs to hang out washing on a washing line.
How many pieces can you hang out using two pegs?



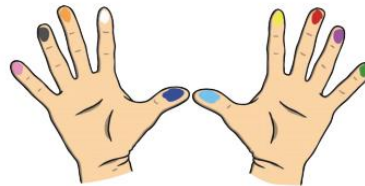
Fine Motor Skills

How quickly can you do up buttons or zips on a jacket or coat?



Fine Motor Skills

Use finger paints to make a fingerprint picture, painting or collage!



Fine Motor Skills

Use a mini hole punch – how many holes can you make in a piece of paper, card, tissue paper or even leaves?

