

Saturn Home Learning Grid w/b 08.06.20

Big Question: Why do people play sport?

Can you draw yourself as an Olympian?

Take a piece of paper and draw yourself as an Olympic athlete. Label your picture with adjectives that would best be suited to an Olympian. For example - determined, focused etc. Make sure you take care over your spelling and handwriting.



Make up your own sport

Have a go at making up your very own sport. Think about:

- Equipment you need to play. A ball? A pair of rolled up socks? A bat?
- How many people need to play your game? Is it a team or can you play it on your own?
- How do you score?
- How would you win?
- What are the rules?

Have a go at writing down your instructions. You could even take some pictures of you playing your sport and show us on Facebook.

Olympic & Paralympic Values

Our Edenside values (things that are really important to us) are 'learning', 'laughter', and love.

Olympic Values	Paralympic Values
friendship respect excellence	determination courage equality inspiration

Talk with someone about the meaning of the values in sport. Write a few sentences or a paragraph about a time you experienced that value within a sport or game. Draw a picture of that moment.

Phonics

Our spelling sound this week is "th" (as in *then* or *this*)

Here are some activities you could do to remind yourself of the sound:

- Use the word maker sheet that is attached to build words with the "th" sound.
- Get an adult to read you the phoneme story (below). As they read it count how many "th" sounds you can hear. Were you correct?
- Use Elkonin boxes to write down the "th" sound you have been learning.
- Take some photographs of objects that have the "th" sound in them.

Multiplication is repeated addition

This year we learned that multiplication is repeated addition.

For example...

3×5 is the same as:

$5 + 5 + 5$

$3 + 3 + 3 + 3 + 3$

Complete the attached sheet where you match the multiplication sentence to the repeated addition and then the answer.

Halves and Quarters

A half is a whole split into two equal parts. A quarter is a whole split into four equal parts. Collect groups of items (for example pieces of pasta, counters etc) and split them into halves and quarters to answer the following questions:

- | | |
|------------------------|-------------------------|
| 1) $\frac{1}{2}$ of 8 | 6) $\frac{1}{4}$ of 8 |
| 2) $\frac{1}{2}$ of 12 | 7) $\frac{1}{4}$ of 12 |
| 3) $\frac{1}{2}$ of 14 | 8) $\frac{1}{4}$ of 24 |
| 4) $\frac{1}{2}$ of 24 | 9) $\frac{1}{4}$ of 20 |
| 5) $\frac{1}{2}$ of 30 | 10) $\frac{1}{4}$ of 16 |

Time

Have a go at sharpening your skills in telling the time with this online game:

<https://mathsframe.co.uk/en/resources/resource/116/telling-the-time>



Magic Triangles

Try to use your problem-solving skills to make a set number using your addition knowledge.

Try to choose the correct chilli challenge for you or even challenge yourself with a harder one. The aim is to make each side of the triangle add up to the same total, using only the digits given to you. You can only use each given number once.

(problem is attached below)

Paralympic Games

Watch this video from Ezra, a 9-year-old who has a disability, tell us what he gets from playing sport.

<https://www.youtube.com/watch?v=TNLyuncX7Cc>

Watch the story of Hetty's Ballet School which shows how with some support and determination, a hyena can become a ballerina too.

Then go onto YouTube for some Flamingo Chicks inclusive dance videos. (links below)

Wellie throwing

Have a go at a 'Wellie Wang' or Wellie throwing. Watch the video and have a competition in a park or garden yourself (try and get better) or against others.

Put a line down to throw from and try different ways to throw the wellie.

How far can you throw it? Can you measure in steps how far it's gone? If it's a hot day- try filling it with water and then throwing it!



Shake it up!

Change4Life and Disney have teamed up again to bring you new Shake Up games inspired by Disney and Pixar's *Toy Story 4* and *Incredibles 2*, and Disney's *The Lion King* and *Frozen*. These 10-minute bursts of fun will really get you moving and count towards the 60 active minutes you need every day!

Outdoor challenge

Draw a picture of an Olympic sport or even chalk it on the ground and include yourself! Post it on your class Facebook page. You can include the Olympic rings and a country.



Competitive Competition!

Lots of people enjoy playing sport because they are competitive. Try out this challenge:

Have you got a balloon in the house (or a very light ball) and some string? Tie the string between two chairs and hit the balloon (or pass the ball over the string). How many times can you keep going without letting the balloon hit the ground? You can play competitively against each other. Or you can play together, trying to see how many times you can pass the balloon without it touching the ground.

Can chores be played as sports?

Does having a competition give a focus and help things happen a bit quicker?

- How quickly can you get changed in the morning? Can you get changed in under 1 minute? Can you get changed faster than someone else in the family?
- How quickly can you get your shoes and jacket on for going out the door?
- Can you get everything off the floor of your room and in the correct drawers and cupboards before the music stops?

Olympic poster

Make a poster or flag for the Olympic games and include the five colours- for example, make handprints or draw round your hands and colour them in. Find out what the circles and colours of the Olympics represent? Share your findings on the class Facebook page.



Whole School Challenge

Join the activities for our virtual sports day on Friday.

Please see below for information.



Useful Links for Further Learning:

<p>Mathematics</p> <p>**NEW** www.sumdog.co.uk - you are all signed up for a Sumdog account. See below for more information on what this is and how to access your username and password!</p>	<p>Literacy</p> <ul style="list-style-type: none">• Video for the 'th' sound (explaining that 'th' has two sounds - 'th' as in cloth/moth and 'th' as in mother/father) - The TH Sound Phonics Video Scratch Garden• Olympic & paralympic values - https://youtu.be/OQBcWolpfHo• You can access more reading materials at https://www.getepic.com/promo?signUpV=create_account• Or at https://home.oxfordowl.co.uk/
<p>Health and Wellbeing and PE</p> <ul style="list-style-type: none">• 'Belly Breathe' - for calming down after an activity https://www.youtube.com/watch?v=_mZbzDOpylA• So much Alike- a lovely song to talk about the fact that there are Paralympic and Olympic games - https://www.youtube.com/watch?v=vcTx3j_rbyM -• Cheerleader moves step by step - https://www.bbc.co.uk/cbbc/shows/my-team-the-cheerleaders• NHS shake-ups - https://www.nhs.uk/10-minute-shake-up/shake-ups	<p>Topic</p> <ul style="list-style-type: none">• Hetty's Ballet School - https://www.youtube.com/watch?v=9Fc6fpWCp6g&list=PLexfnAMZeINnGUSSxnF1nM8mbfRyyIOzY• Flamingo chicks - https://flamingochicks.org/athome/ (links to all YouTube videos online)

The Story of 'th as in father'



The children had decided to help their Grandfather to tidy up his backyard. There were lots of piles of leaves and paper. The twins gathered the leaves and Mother carefully put them in the garden waste bin.

“We could save those papers rather than burning them,” said Ben.

“That’s a good idea,” said Mother. When the children had finished gathering the papers, Mother drove the children to their local paper bins.

“We deserve a blue flag too,” laughed Belle.

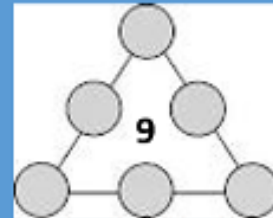
Stage Three Phoneme Word Maker

e	n	i	s
m	f	r	e
a	o	t	g
r		th	

then	this	them	there	these
father	that	rather	gather	their
mother				

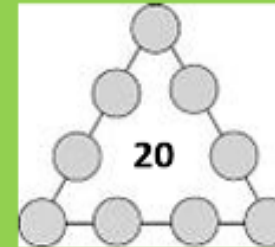
Match the multiplication sentence with the repeated addition sentence and then the answer.

$7 \times 2 =$	$5+5+5+5+5$	25
$3 \times 4 =$	$2+2+2+2+2$	10
$5 \times 5 =$	$4+4+4+4+4+4+4+4$	20
$3 \times 5 =$	$10+10+10+10+10+10$	14
$2 \times 5 =$	$4+4+4$	20
$8 \times 4 =$	$6+6+6+6+6+6+6+6+6$	28
$5 \times 4 =$	$2+2+2+2+2+2+2+2$	60
$6 \times 10 =$	$2+2+2+2+2+2+2+2+2+2$	12
$4 \times 5 =$	$5+5+5$	18
$7 \times 4 =$	$4+4$	32
$9 \times 2 =$	$4+4+4+4+4$	15
$5 \times 2 =$	$5+5$	10
$10 \times 6 =$	$4+4+4+4+4+4+4+4$	8
$2 \times 4 =$	$2+2+2+2$	60
$4 \times 2 =$	$5+5+5+5$	8



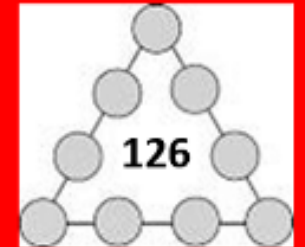
Using only the numbers;
1, 2, 3, 4, 5 and 6
can you make each side of the
triangle add up to 9?

You can only use each number once.



Using only the numbers;
1, 2, 3, 4, 5, 6, 7, 8 and 9
Can you make each side of the
triangle add up to 20?

You can only use each number once.



Using only the numbers;
1, 4, 9, 16, 25, 36, 49, 64 and 81
Can you make each side of the
triangle add up to 126?

You can only use each number once.

Virtual Sports Day!

Welcome to your Edenside Virtual Sports Day 2020!

To take place on Friday 12th June at 1.30pm or otherwise choose a time that suits you.

What you need to do:

Here's what you need to do...

1. Design your order of events - which races do you want to include and in what order do you want to have them?
2. Write a list of all the equipment you are going to need.
3. Have a start and finish line. You can start at one place and have a finish line OR run around something and back to the start.
4. You can just make it FUN or make it COMPETITIVE. You might want to time each other or get someone to time you.
5. Send in evidence of taking part, a photograph on your Facebook page, an email to your class teacher, or tell the teacher who calls you all about YOUR Sports Day.

Have a go at all these events or chose the ones which work best for you.

Races

- Running race - easy, run from start to the finish!
- Egg and spoon (with a spoon and potato or boiled egg.
- Obstacle race - you could time each other to see who is the fastest if you want.
- Potato pick up race (3 potatoes or pairs of socks and a bucket or hoop or similar). Place bucket and potatoes in a line about 2m apart from each other. Start beside the bucket, run and put the first potato in the bucket and repeat for the other potatoes. First to get all potatoes in the bucket and to the finish is the winner or take it in turns and time.
- Sack race - old pillowcase, black bin liner, old and empty compost bag or animal feed bag etc.
- Balance toilet roll on the head race - no hands here please!
- Ball between the knees race (use a ball, toilet roll, large potato). Jump or run from the start to the finish.
- Wheelbarrow race (2 people needed) - one person is the wheelbarrow; other person holds legs.
- Three-legged race (2 people needed, use a tie or a dressing gown chord) - team work needed here!
- Piggyback race (2 people needed)
- Create your own race (run a bit further e.g. round the block, have a relay race, skipping race, run backwards race....)

For Nursery or P1 or everyone!

- Aeroplane race - arms out like an aeroplane, run as fast as you can to the finish
- Teddy bear race - (cuddly toy needed) - give your toy a piggyback all the way from the start to the finish
- Spider crawl race - on your HANDS and FEET ONLY get to the finish

Throwing

Choose a suitable object to throw which isn't going to do any damage!

A pair of socks, a potato, a tennis ball, a soft toy - all depends how much space you have. Have three attempts, use a marker to measure where your throw first lands and move it forward if you beat your throw.

Standing Long Jump

Make a line to jump from, start with your toes touching the line, jump two feet together and don't forget to use your arms. Mark where your heels land, again two feet together. You can fall forwards but not backwards. Have a few goes and measure your best attempt.

Adult Race

Sports Day wouldn't be the same without the adult race. Hopefully your adult will take part in all the events but if not, you could choose one which best suits them!

SUMDOG

What is sumdog?

Sumdog is an online platform where you can play games and improve your learning. It offers spelling, grammar and maths, but we would like you to focus on maths. As children play, they answer questions. Sumdog personalises the questions and adapts to suit each learner. Sumdog gets to know their individual strengths and weaknesses and ensures they work at the right level.

Here's some information on what you can do when you're logged in: <https://pages.sumdog.com/what-kids-do-on-sumdog/>

Where can I play?

You can play online on www.sumdog.com or download the app on your App Store. Once you are on the website or have downloaded the app, use your personal username and password to enter (you shouldn't need a school code).

How do I find out my username and password?

Each username is an individual code. Our school office has a note of all of your usernames and passwords, so just email edensideps@scotborders.gov.uk and we will pass the details on to you.