


Primary 7 Home Learning Grid w/b 1st June 2020

Big Question: What will life be like at Kelso High School?

Normally around this time of year, we would undertake lots of activities in school to further support your transition to Kelso High School. As I'm sure you'll understand, things are a little different this year. Although some of the physical supports may not take place in the usual way, we hope that virtual supports, along with this week's home learning grid, will help you to think about yourself as a learner and to find out about High School life, using the [Kelso High School website](#).

<https://ttsreader.com/> - This link will allow you to copy and paste text so that the computer can read it for you.

Questions	All About Me	Me as a Learner	How old is Kelso High School?
<p>Before you engage with the learning grid further, can you begin by writing down a list of any questions which you have about the transition process or starting Kelso High School.</p> <p>As you work through activities on the grid, you may find that your questions have been answered. If so, tick these questions off on your list. You may even want to jot down a few notes.</p> <p>If you have any unanswered questions after working through the grid, perhaps you will find the answer in another area of the Kelso High School Website. Take some time to explore the website further. You may even have an older sibling or relative, who still attends or has been to Kelso High School that can help.</p> <p>Please email any relevant questions which you still have to your class teachers through your glow account or to Kelso High School. Email: KelsoHS@scotborders.gov.uk.</p>	<p>This is an excellent opportunity for you to introduce yourself to your guidance teacher and the staff at Kelso High School. As we are not able to have the face to face meeting that we would usually have – this let's your new teachers get to know a bit about you. Remember that you are making a first impression so take your time with spelling, punctuation and grammar.</p> <p>Create a Personal Profile which contains information including your name, your family, your pets, your hobbies and interest, what makes you special, what makes you happy, what makes you sad, your favourite subject, what subjects you find more difficult, what you are looking forward to about S1 and what you are worried about.</p> <p>You can complete the attached worksheet or can create your own document on paper or using technology. Completed profiles should be emailed back to your class teachers or a hard copy dropped in at our hub school.</p>	<p>It is important that your new teachers and guidance teacher get an understanding of what helps you learn best. This section will demonstrate your feelings about your learning and what enables you to get the most from your time at school.</p> <p>Complete the attached form digitally and email it to your teacher or drop a copy at your hub school.</p> <p>Have a look at the website below to help you to think about how you learn best. http://www.cyh.com/HealthTopics/HealthTopicDetailsKids.aspx?p=335&np=286&id=2963</p> <p>There is also a questionnaire below that you can try with an adult at home. It may give you more of an idea about your own special way of learning. https://theparkgateacademy.co.uk/wp-content/uploads/2016/10/learningstylesquestionnaire.pdf</p>	<p>Kelso High school moved into the new building on Angraflats Road on the 15th of November 2017.</p>  <p>Have a look at 'The History of Kelso High School' page to see what you can learn about Kelso High School over the last 868 years!</p> <p>Create a timeline showing how the school evolved from the first Kelso Grammar school in 1152, in the old burgh of Roxburgh, to the current building on Angraflats Road. Do this on paper or with technology if you wish.</p>

The School Badge & Values Motto



Did you know that the school badge is based on the Coat of Arms of Douglas of Springwood, an estate just across the river Tweed from Kelso. The badge records an incident that occurred during the Scottish Wars of Independence. More information can be found [here](#).

The High School Motto is PRIDE. Can you think of any real-life examples of when you have embodied these qualities?

Participation
Respect
Included
Determination
Excellence

Now think about how you may demonstrate these qualities when you start at Kelso High School?
E.g. Participation – make an effort to have a go at everything and get involved.

You may wish to use the included proforma to reflect upon yourself.

Virtual Tour

On the website there is a fantastic virtual tour of the building that you can use to help you familiarise yourself with some of the learning spaces you will be in. It can be found through this link.

<http://www.prophotocompany.co.uk/sbc/kelso/hs.html>

Take a tour of the school and answer these questions to see just how good your powers of observation are.

Name at least three areas that can be found on the ground floor.

1. What colours are the chairs in the dining hall?
2. What time is shown on the clock in the games hall?
3. Where will you have assemblies?
4. How many tables can you see in the CDT classroom?
5. Where will you find Mrs Lothian's office?
6. What classroom is located next to the flexi-area at the top of the stairs?
7. On what floor will you find science?
8. What colours are the chairs in the staff area?
9. Name three subjects that you will have on the second floor.
10. What is the kiln located in the art room?
11. Other than cooking in home economics what other skill do you think you will learn based on the rooms you can see?
12. How many picnic benches can you see outside?

Timetable Challenge

Follow this [link](#) to take you to information about the school day / week.

Answer the following questions:

1. What is the first thing that happens in the day at KHS?
2. How long does each teaching period / lesson last?
3. How many periods of lessons are there in a day (Mon-Thurs)?
4. How many teaching periods take place on a Friday?
5. How long do you spend altogether in lessons each week (hours and minutes)?
6. What time is morning interval? Lunch? How long does each last?
7. There are two 'warning' bells in the day? When do they ring and why? How long do you have to get to class?
8. What time does school finish on a Friday?

Don't be Late!

Kelso High School is located on Angraflats Road, next to Kelso Race Course.

Do you know the route that you will take to school? Can you walk, or will you get a lift or take the bus? Perhaps there is more than one way that you can get to school.

If walking or cycling, as part of your daily exercise, why not see how long it takes you to get from your house to the school. Try out different routes and think about the pros and cons of each route. Which one will you take? If registration starts at 8.50am each morning, when do you need to leave your house? When will you need to get up?

If you will arrive by car or bus, can you work out how long the journey will take. Do you know how long it takes you to get from your house to the bus stop? Do you know when the bus picks up? What time will you need to get up? When will you need to leave your house?

Can you create a map that demonstrates the route you will take to school?

Uniform

KHS now have all their school uniform supplied by FP Uniformz, part of the Fantasy Prints brand based in Berwick-Upon-Tweed. Click [here](#) to see a short video of how they make and supply the new uniform.

KHS pride themselves in how smart their young people appear in their uniforms and believe a dress code encourages a sense of belonging. They ask all parents to support this and ensure all our young people follow the dress code every day.

The school dress is as follows:

- White Blouse/Shirt
- School Tie – red (S1 – S5), black (S6)
- Black Skirt/Trousers
- Black Jumper/Cardigan (S1 – S5)
- Black Shoes (**not trainers**)

Available items, sizes and prices can be found on this [KHS Uniform Flyer](#).

What is the same? What is different?

Some things may remain the same in S1 or be very similar to your experiences in primary 7 but there will be lots of things that will be a little different.

Begin by making a table and noting down all the things which you think will be the same, as well as things which you know or think will be different. Try to include 5-10 points for each column.

Same	Different
e.g. continue to learn new things	e.g. lots of different teachers

Read over your lists and think about how you feel about each of your ideas. Does the idea of something staying the same reassure you? Does the idea of something changing excite you or make you a little anxious?

Colour code your ideas using 3 different colours. E.g.

- Green – I'm excited by this and looking forward to it.
- Amber – I'm okay with this
- Red – I'm a little bit worried about this.

Changes

Starting secondary school is a significant milestone in your life. It marks a passage into adolescence and brings about lots of changes. It is only natural to feel a little anxious or worried about something that is new or a little different.

<https://www.bbc.co.uk/bitesize/tags/zh4wy9q/starting-secondary-school/1>

The BBC Bitesize website has a section dedicated to pupils who are starting secondary school (link above). Although the videos are made by pupils in England, there is still lots of practical tips and advice which is relevant to you, covering a range of topics including:

- Getting Lost
- Coping with Classwork
- Making New Friends
- Being Yourself and talking about differences

There is also a section where Celebs from the world of music, TV and sport give their advice on how to prepare for the move.

This website is also full of useful resources.

<https://youngminds.org.uk/resources/school-resources/?f2=10143#listing>

Looking forward...Dreambow



Rainbows have been seen a lot lately and have been used as a symbol of hope. When hope is present it can make the most difficult challenges feel manageable and survivable.

It is important to have hope and aspirations for the future. What hopes and dreams do you have for the future, especially starting secondary school?

Can you make a 'Dreambow' - just like a rainbow but fill in the coloured stripes with your hopes and dreams?

e.g. I hope to make lots of new friends, I am excited to work in the Science labs etc

