

Getting it right for

# CHILDREN & FAMILIES



What does Getting It Right For Every Child  
mean for your child in the Scottish Borders?

Information for Parents and Carers

getting  
it right  
for every child

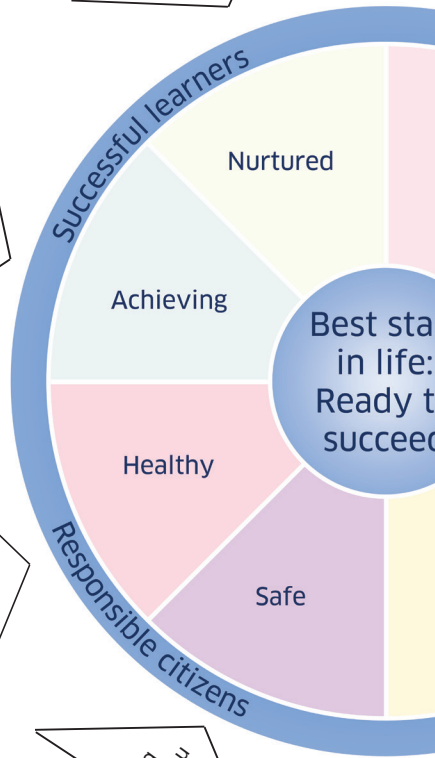
# Getting it Right For Every Child has your child's Wellbeing at its heart

Your child gets praise and encouragement, warmth and love from those adults who care for them. Your child gets any additional support that they need

Your child is getting on well at nursery and then makes progress with their education at school. Your child is involved in out of school opportunities and has the chance to try different activities

Your child lives a healthy life and is supported to make healthy choices

Your child is curious and you make sure that they keep themselves safe eg learning how to cross the road safely. You make arrangements for them to be cared for when you have other commitments



Wellbeing is about how things are going for children in their lives

For children to do well now and in the future they need to be Safe, Healthy, Achieving, Nurtured, Active, Respected, Responsible, Included

Your child is encouraged to take part in physical activity to keep them fit, and has the chance to get involved in other activities that they are interested in

Your child feels listened to, they are individuals in their own right but accept the significant adults in their lives will support them through challenges and difficulties

Your child attends school regularly and has developed a strong sense of right from wrong. Your child knows what is expected of them at home, school and in the community

Your child feels accepted and valued by family, friends, peers at school and within the local community



Wellbeing is seeing the child holistically

## What is Getting it Right For Every Child?

Getting it Right For Every Child is also known as GIRFEC. It is Scotland's shared national approach to helping children and young people in Scotland to grow, develop and reach their full potential. We want all our children and young people to have the best possible start in life.

The centre of GIRFEC is your child and their wellbeing. As a parent or carer, GIRFEC helps you understand your responsibilities and the responsibilities of others in developing your child's wellbeing.

For most children, their family, friends, school and general health services like your GP are all they need to grow and develop well. However, if you or your child do need extra support, for any reason, GIRFEC helps make sure you know where to go and who to ask.

### **For you and your child GIRFEC means ...**

- knowing who to ask if you or your child need extra help
- Feeling confident about the help you are getting
- Understanding what is happening and why
- Being involved in discussions and decisions
- Being listened to carefully and having your wishes heard and understood
- Knowing that the right help will be available as soon as possible

### **The Children and Young People Act (Scotland) 2014 includes GIRFEC provisions to**

- Ensure that all children and young people from birth to 18 years old have access to a Named Person;
- Put in place a single planning process to support those children who require it;
- Place a definition of wellbeing in legislation; and
- Place duties on public bodies to coordinate the planning, design and delivery of services for children and young people with a focus on improving wellbeing outcomes, and report collectively on how they are improving those outcomes.

The Named Person service means that there is an initial point of contact for your child, for you and for others when there is a wellbeing worry for your child. This will be someone from Health before your child is of school age, and then the Head teacher or pastoral staff from their school, or another person from the Local Authority.

For the majority of children this means a Named Health Visitor, then Named Primary Head Teacher, and then the Named Secondary Head Teacher, Guidance or Pastoral staff.

Please do not hesitate to contact any of the above Named Persons for further information.